



# Derby Women's Centre

*Improving the Quality of Life for Women in Derby and Derbyshire*

[www.derbywomenscentre.co.uk](http://www.derbywomenscentre.co.uk)  
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## IT'S BACK... HOLISTIC MASSAGE - BOOK NOW!

### Mondays and Fridays

commencing Monday 24 October 2011

In association with

The University of Derby's 3<sup>rd</sup> year Complementary Therapy students

### SWEDISH BODY MASSAGE

A therapeutic treatment for the whole body or specific areas

### GENTLE TOUCH™ REFLEXOLOGY

A gentle therapeutic method stimulating pressure points on the feet

### AROMATHERAPY (MASSAGE)

Using essential oils to maintain health (usually during massage)

These beautiful holistic treatments aim to promote physical and emotional well-being and balance

Treatments approximately 60-80 minutes

Subject to a full consultation

Fully confidential

For an appointment telephone 01332 341633

MONDAYS: MICHELLE AND PARISSA

FRIDAYS: CAROLINE AND CARA

£5 DONATION APPRECIATED